

PRIORITIES:

Environment

Sustainable community

Keeping taxes low

Accountability and
Transparency

Julia is a Mother of two young adults. She is a Registered Nurse for 30 years, Certified Yoga and Meditation Teacher. She has also been a community volunteer for over 25 years; committed to improving the lives of both youth and adults.



EXPERIENCE



Over 20 years experience on Boards & Governance

Hemophilia Provincial Coordinator
Chair of Canadian Association of
Nurses in Hemophilia Care
Chair of Hemophilia Ontario

Over 30 years experience in Health Care & Advocacy

McMaster Children's Hospital
St. Michael's Hospital
West Parry Sound Health Centre

Long local family history, dating back to 1911

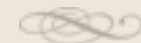
JULIA SEK
juliasek18@gmail.com

705-774-4704

JULIA SEK for Ward 3 Councillor



**Respects your tax dollars
Committed to
Accountability and
Transparency
Advocate for community
Steward of environment**





Clear Lake, Daughter, Chelsea, Nick, Julia & Chelsea

Julia's Campaign Team

Milly Thomson

Debbie Junk- Lloyd

Gord Lloyd

Manny Casola

Larry Martin

Magda Tarko

Kirsten Baker

LEADERSHIP WITH INTEGRITY

Extensive Grant Writing
Strong Team Building Skills
Toastmaster's Leadership



SUSTAINABLE BUSINESSES

ADVOCATE FOR HIGH SPEED INTERNET

Required resources , such as child care, low taxes

Road maintenance

Daughter, Chelsea, opened Food & Fervour May 2017



COMMUNITY

WHICH INCLUDES ADEQUATE CHILD CARE,
SENIOR AND RECREATIONAL PROGRAMMING

Chelsea and Julia



ADVOCATE

WITH OVER 30 YEARS EXPERIENCE IN A
VARIETY OF HEALTH-BASED ORGANIZATIONS
IN PUBLIC, CHARITY AND RESEARCH SECTORS

Daughter, Chelsea, son, Nick and daughter in law
Madison

